

Tuesday's Tip

information provided by Adriance Memorial Library to make your life a little bit easier

Winter Weather Safety

January 5, 2016

With the first real cold-snap of 2016 upon us, and more likely in the months ahead, it seems a good time to share a few resources geared at keeping you and your family safe and healthy during difficult, cold winter weather.

Our first resource is from the <u>Centers for Disease Control (CDC)</u>





A Prevention Guide to Promote Your Personal Health and Safety



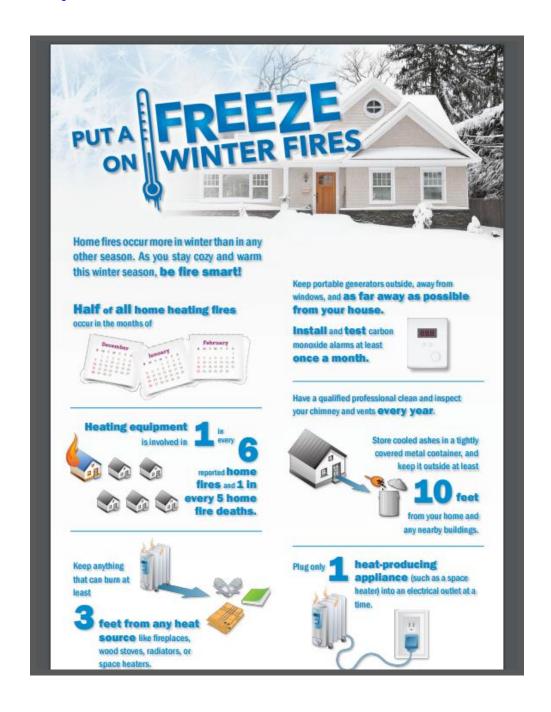
U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
CENTERS FOR DISEASE CONTROL AND PREVENTION



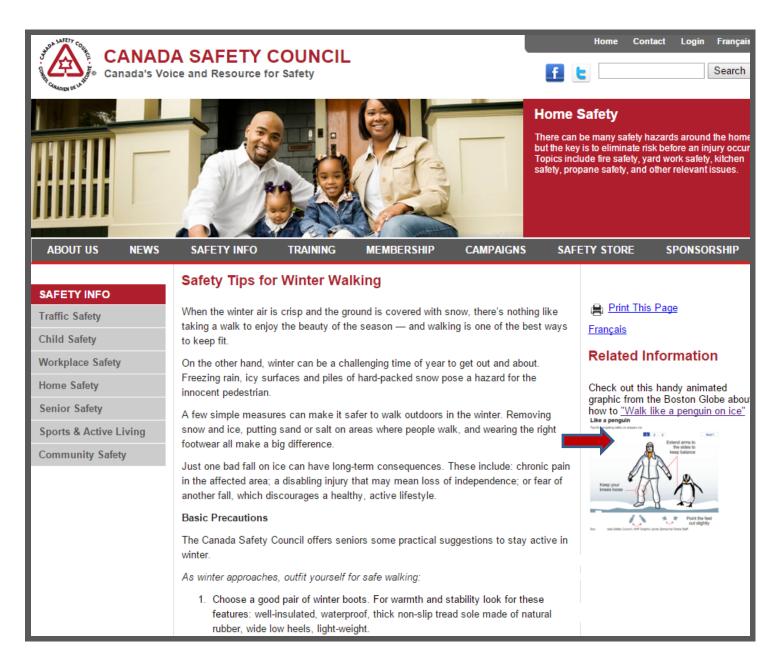
Another helpful site comes from the National Weather Service arm of the National Atmospheric and Oceanic Administration (NOAA) at their <u>Weather Ready Nation—Winter Safety</u> site.



This infographic from the U.S. Fire Administration, provides some safety tips on <u>winter</u> <u>heating—and fire prevention</u>.



And from our neighbors to the north, The Canada Safety Council offers advice for <u>winter</u> <u>walking</u>—the graphic reminds us to 'walk like a penguin' on ice!



Have fun—and be safe out there!